

I. WORD FORM

NOUN	VERB	ADJECTIVE	ADVERB	VIETNAMESE
achievement	achieve	achievable		
measurement	measure	measurable	measurably	
amazement	amaze	amazed/ amazing	amazingly	
action/ actor	act	active	actively	
approximation	approximate	approximate	approximately	
body			bodily	
building	build	built		
regular	regularity	regular/ irregular	regularly/ irregularly	
instruction	instruct	instructive		
profession		professional/ unprofessional	professionally/ unprofessionally	
artist		artistic	artistically	
science/ scientist		scientific	scientifically	
invention/ inventor	invent	inventive	inventively	
scramble	scramble	scrambled		
writing/ writer	write	written		
musician		musical	musically	
composition/ composer	compose	composed		
protection/ protector	protect	protective	protectively	
mathematics/ mathematician		mathematical	mathematically	

probability		probable	probably	
biography/ biographer		biographical	biographically	
event/ eventuality		eventual	eventually	
survival/ survivor	survive	surviving		
direction/ director	direct	direct/ indirect	directly/ indirectly	
reservation	reserve	reserved		
translation/ translator	translate	translated		
boss		bossy		
fitness	fit	fit/ unfit		
contest	contest	contestable		
participation	participate	participatory		
competition/ competitor	compete	competitive	competitively	
challenge	challenge	challenging		
safety		safe/ unsafe	safely/ unsafely	

Word Form Exercise

Complete each sentence with the correct form of the word in brackets.

1. Winning the scholarship was a great _____ for her. (achieve)
2. She _____ her goals two years ago. (achieve)
3. The target is _____ if we work together. (achieve)
4. The team completed the project _____. (achieve)

5. The _____ of success is not always money. (measure)
6. Scientists carefully _____ the temperature every hour. (measure)
7. The results must be _____ to ensure accuracy. (measure)
8. The progress can be improved _____. (measure)
9. The magician's performance filled the audience with _____. (amaze)
10. The tricks _____ everyone watching the show last night. (amaze)
11. The audience was _____ by his skills. (amaze)
12. He performed _____ during the competition. (amaze)
13. His quick _____ saved the child from danger. (act)
14. She will _____ in a new movie next year. (act)
15. The students were very _____ during the discussion. (act)
16. He participated _____ in the class debate. (act)
17. This number is only an _____ of the real result. (approximate)
18. The teacher _____ the final score. (approximate)
19. The time given is only _____. (approximate)
20. The journey will take _____ two hours. (approximate)
21. The new _____ will be completed next year. (build)
22. They plan to _____ a bridge across the river. (build)
23. The house was _____ in 1990. (build)
24. The workers worked hard to complete many _____ (build).

25. Exercise should become a daily _____. (regular)
26. She is a _____ visitor to the library. (regular)
27. The meetings are held _____ every Friday. (regular)
28. The _____ of practice improves performance. (regular)
29. The teacher gave clear _____ before the test. (instruct)
30. She _____ the students on how to use the machine yesterday. (instruct)
31. The book is very _____ for beginners. (instruct)
32. He explained the process very _____. (instruct)
33. Teaching is a respected _____. (profession)
34. She is a very _____ doctor. (profession)
35. He handled the situation _____. (profession)
36. She hopes to enter the medical _____ (profess).
37. She wants to become a famous _____. (art)
38. The painting style is very _____. (artist)
39. The dancer moved _____ across the stage. (artist)
40. The gallery displayed many works by young _____ (artist).
41. He dreams of becoming a _____. (science)
42. The experiment follows a _____ method. (science)
43. The results were explained _____. (science)
44. _____ play an important role in modern life (science).

45. The light bulb was an important _____. (invent)
46. Thomas Edison _____ many devices. (invent)
47. She is very _____ and always creates new ideas. (invent)
48. He solved the problem _____ (invent).
49. She is a famous _____. (write)
50. He likes to _____ short stories. (write)
51. The report was _____ yesterday. (write)
52. The letter was beautifully _____ (write).
53. Mozart was a brilliant _____. (musician)
54. She has great _____ talent. (music)
55. The band performed _____ at the concert. (music)
56. He studies _____ at university (musical).
57. Beethoven was a famous _____. (compose)
58. She plans to _____ a new song. (compose)
59. The piece was _____ in 1824. (compose)
60. The music was _____ arranged (compose).
61. The helmet provides _____ for the head. (protect)
62. Parents must _____ their children. (protect)
63. Sunscreen is _____ against harmful rays. (protect)
64. The guard watched the building _____ (protect).

65. _____ is her favorite subject. (mathematical)
66. The problem requires _____ thinking. (mathematics)
67. The data was calculated _____ (mathematics).
68. There is a high _____ of rain tomorrow. (probable)
69. It is _____ that the team will win. (probable)
70. They will _____ arrive late (probable).
71. She is writing a _____ of the famous leader. (biography)
72. He is a skilled _____. (biography)
73. The film is _____ based on his life. (biography)
74. The events were described _____ (biographer).
75. The accident had only one _____. (survive)
76. Many animals tried _____ in the wild. (survive)
77. The story is about people _____ after a disaster. (survive)
78. _____ in extreme conditions requires strength (survivor).
79. She is the _____ of the movie. (direct)
80. He _____ the new project. (direct)
81. His answer was very _____. (direct)
82. She spoke _____ to the manager (direct).
83. I made a table _____ at the restaurant. (reserve)
84. Please _____ your seat early. (reservable)

85. The hotel rooms are fully _____ (reserve).
86. She works as a _____. (translate)
87. He will _____ the document into English. (translator)
88. The novel was _____ from French (translator).
89. The Olympic Games are a global _____. (compete)
90. Many athletes _____ for the gold medal. (compete)
91. The match was highly _____. (compete)
92. The teams played _____ (compete).
93. Climbing the mountain was a real _____. (challenge)
94. She decided to _____ herself. (challenge)
95. The task is very _____ (challenge).
96. The workers follow strict _____ rules. (safe)
97. This car is very _____(safety).
98. The children crossed the road _____so the car hit them. (safety)

MULTIPLE CHOICES (UNIT 5 + UNIT 6)

Choose the answer (A, B, C or D) that best fits the space in each question.

1. A _____ means a period of a thousand years.
A. century
B. millennium
C. decade
D. fraction
2. 'Do you know Usain Bolt?' - 'Yes. No one is _____ he is.'
A. the fastest to
B. faster like
C. as fast as
D. more fast than
3. 'What do you think I should do to improve my speaking?' - '_____
A. Have a guess!
B. That's a great idea.
C. I reckon that listening is better than speaking.
D. Well the best thing to do is to practice.
4. . ' _____ ' - 'Yes, I'd love to.'
A. Do you have any ideas?
B. What's the best solution?
C. Shall we have a walk along the river?
D. I dislike going for a walk. How about you?
5. It's _____ to us that our national football team made it to the third round of World Cup qualifiers.
A. successful
B. talented
C. wealthy
D. incredible
6. Wolfgang Amadeus Mozart was a child _____. He could compose music at the age of five.
A. prodigy
B. scientist
C. brilliant
D. inventor
7. Florence doesn't look _____ her mother.
A. as
B. different

- C. like
D. similar
8. LeBron James is always very good _____ sports.
A. at
B. on
C. in
D. to
9. '_____ carbohydrates per day should I eat?' – 'About 225 grams.'
A. How much
B. How often
C. How far
D. How many
10. 'Do you like going to the swimming pool?' – 'No, I _____ swim.'
A. can
B. can't
C. could
D. could
11. '_____ are they going to train the dog?' – 'One year'
A. How often
B. How long
C. How strict
D. How many
12. Sir Arthur Conan Doyle, the author of Sherlock Holmes, was born _____ Scotland.
A. in
B. at
C. for
D. on
13. Wendy: 'Argh, Kate just keeps messaging me the things that have nothing to do with me. What do you think I should do?' Paul: '_____
A. Thanks. It's a good suggestion.
B. Don't you think it would be a good idea to hang out with her this Sunday?
C. I suppose so.
D. Well, it's probably best to ask her to stop sending them.
14. The average Brit spends more than 2000 days doing chores in their _____.
A. lifetime
B. month
C. century
D. week
15. Havana is one of _____ cities in Latin America.
A. older than

- B. as old as
 - C. the oldest
 - D. the eldest
16. In 1997, J.K. Rowling was 32 years old when she _____ her first book, Harry Potter and the Philosopher's Stone.
- A. shot
 - B. achieved
 - C. reduced
 - D. published
17. Your sister is so different _____ you.
- A. with
 - B. from
 - C. to
 - D. as
18. Why don't we call a(n) _____ to check the wiring before we start decorating?
- A. composer
 - B. inventor
 - C. electrician
 - D. artist
19. When _____ first play the piano?
- A. did he could
 - B. does he can
 - C. can he
 - D. could he
20. Anna: 'I think this dress is much prettier than that, don't you?' Kim: 'Well, I don't know. _____. Why do you like that one better?'
- A. I like them both.
 - B. That's a pity.
 - C. Never mind.
 - D. I would like you to buy it.
21. It's important to teach high school students basic _____, particularly CPR. They can help themselves or others in an emergency.
- A. lighter
 - B. medical
 - C. first aid
 - D. application
22. Student: 'What should we bring with us?' Instructor: ' _____ '
- A. Remember to bring water bottles, sunscreen, and a small toolkit.
 - B. It is important to check your equipment first.
 - C. It's very kind of you to ask that interesting question.

- D. You should wear uniforms and mustn't pick flowers.
23. _____ attention to the teacher and take notes during class.
- A. Paying
 - B. To pay
 - C. Pay
 - D. Pays
24. You mustn't _____ during the exam – it's forbidden.
- A. speaking
 - B. speak
 - C. to speak
 - D. to speaking
25. Lost travelers _____ a fire on the beach for rescue. Fortunately, a pilot saw the signal.
- A. lit
 - B. picked
 - C. kept
 - D. ran
26. When it rains heavily, you _____ avoid crossing the river, as the current can be very strong.
- A. must
 - B. mustn't
 - C. can't
 - D. can
27. If you see a snake, please remain calm and run _____ from it as quickly as possible.
- A. along
 - B. up
 - C. down
 - D. away
28. Bringing a map along with a reliable _____ can help hikers avoid getting lost.
- A. compass
 - B. tent
 - C. lighter
 - D. rope
29. Stay alert and avoid contact with dangerous animals to _____ alive in the jungle.
- A. run
 - B. stay
 - C. go
 - D. keep
30. . If we _____ a good rest, we _____ full of energy and do everything better.
- A. will take – will be
 - B. don't take – are

- C. will take – are
D. take – will be
31. Student: 'Excuse me, Ms. Johnson. I'm having a lot of trouble with my grades, and I don't know what to do. Can you help me?' Teacher: '_____'
- A. Of course! Let's take a look at your grades first.
B. That's good, have you finished the project?
C. You should pay attention in class.
D. Okay, that seems very interesting.
32. Don't _____ any risks - just call the police.
- A. pick
B. take
C. use
D. avoid
33. In some cases, you can _____ up a tree to find sources of food such as fruit, nuts, or bird eggs.
- A. stand
B. build
C. climb
D. avoid
34. You need to choose a _____ to keep you warm while sleeping outdoors or in a tent.
- A. sleeping bag
B. compass
C. torch
D. mirror
35. Wendy should _____ in at least one hour before departure time.
- A. to check
B. checking
C. checks
D. check
36. I think Tom is quite _____ because he prefers not to talk in social situations.
- A. competitive
B. friendly
C. talkative
D. reserved
37. Tourist: 'Thank you so much for the advice, it's very helpful.' Tour Guide: '_____'
- A. That makes sense. Our priority is water.
B. You're welcome! Let me know if you have any other questions.
C. When you go to this place, you should bring a helmet and a torch.
D. I think the best way is to build a new shelter.
38. My parents are still _____ contact with their friend at high school.

- A. for
 - B. on
 - C. in
 - D. at
39. Travelers _____ leave any rubbish in the woods.
- A. must not
 - B. must
 - C. don't must
 - D. should
40. How _____ celebrate if you pass all your exams this year?
- A. you will celebrate
 - B. will you celebrate
 - C. you celebrate
 - D. celebrate you

PRONUNCIATION

1. Which word has the underlined part pronounced differently from that of the others?
 - A. safety
 - B. castle
 - C. mustn't
 - D. listen
2. Which word has a different stress pattern from that of the others?
 - A. battery
 - B. practical
 - C. expensive
 - D. jewellery
3. Which word has a different stress pattern from that of the others?
 - A. avoid
 - B. panic
 - C. fitness
 - D. clever
4. Which word has the underlined part pronounced differently from that of the others?
 - A. jungle
 - B. run
 - C. guitar
 - D. luunch
5. Which word has the underlined part pronounced differently from that of the others?
 - A. decide
 - B. risk
 - C. wild

- D. survive
6. Which word has the underlined part pronounced differently from that of the others?
- A. satellite
- B. track
- C. camping
- D. brave
7. Which word has a different stress pattern from that of the others?
- A. crocodile
- B. position
- C. adventure
- D. equipment
8. Which word has a different stress pattern from that of the others?
- A. prepare
- B. signal
- C. shelter
- D. mirror

READING

Choose the word (A, B, C or D) that best fits the blank space in the following passage.

During a camping trip _____ 1 _____ a friend in Yosemite National Park in California, I awoke to the sound of screaming. I _____ 2 _____ out of my tent and saw my friend trying to get out of his _____ 3 _____, with a giant black bear rearing up behind him. Quite possibly the quickest I've ever got out of bed, I scrambled up and we both sprinted in no particular direction. Luckily, we passed a small cabin a little way back _____ 4 _____ the trail and we made a dash for that, jumped inside and locked the door. Seconds _____ 5 _____, the bear was scraping at the door. We were afraid that the whole thing might fall off. After quite a long time, the bear lost _____ 6 _____ and wandered off. We were able to leave the shelter.

1. A. with B. to C. for D. at
2. A. look B. looked C. is looking D. looks
3. A. sleeping bag B. torch C. first-aid kit D. lighter
4. A. in B. at C. on D. of
5. A. late B. lately C. sooner D. later
6. A. interestingly B. interest C. interested D. interesting

Jungle challenge is an exciting adventure that involves hiking through thick forests, camping outdoors, and _____ 1 _____ wild animals. You need strength, endurance, and courage to face the challenges of the jungle. It _____ 2 _____ dangerous if you don't have the necessary skills.

____3____, enjoying the beauty of nature can be a once-in-a-lifetime experience. In addition, building rafts to cross rivers, ____4____ steep hills to get a bird's-eye view of the jungle are some difficult tasks. Although they make this adventure more ____5____, you can learn valuable lessons about teamwork and self-discovery. The jungle challenge can help you gain confidence and knowledge about yourself while facing your fears ____6____ a natural environment. Overall, the jungle challenge is an excellent way to push your limits, test your abilities, and create unforgettable memories.

1. A. seeing B. to see C. see D. saw
2. A. could be B. was C. will be D. won't be
3. A. Therefore B. But C. Because D. So
4. A. running B. climbing C. building D. starting
5. A. fit B. simple C. enjoyable D. challenging
6. A. on B. at C. in D. for

Everyone knows that exercise ____1____ good for the body and the mind. We all want to ____2____ fit and look good, but too many of us take up the wrong sport and quickly lose ____3____. Therefore, now fitness experts are advising people to choose an activity that matches their character. For example, those people who like to be with other people often enjoy ____4____ for a football or hockey team. ____5____, if you're happier on your own, you may prefer to go cycling or horse riding. Are you a competitive person? Then try something like boxing, or badminton. If, ____6____ the other hand, winning isn't important to you, then activities like surfboarding or swimming can be an enjoyable challenge.

1. A. is B. are C. was D. were
2. A. keep B. have C. go D. hold
3. A. interestingly B. interested C. interesting D. interest
4. A. to play B. play C. playing D. plays
5. A. But B. Although C. However D. So
6. A. in B. on C. with D. at

The ____1____ walk in the world is probably the one Alan Chambers and Charlie Paton did a few years ____2____ when they walked to the North Pole. To prepare for the trip they ____3____ a day in a freezer at a temperature of -300C. they were more comfortable there than at the North Pole ____4____ they weren't tired or hungry. They began their 1,126 km walk ____5____ 8 March 2000 and ____6____ at the North Pole 70 days later. A plane took them straight home from there.

1. A. colder B. coldest C. more colder than D. cold
2. A. then B. since C. ago D. after
3. A. spent B. passed C. stayed D. put
4. A. because B. so C. therefore D. but

5. A. in B. at C. for D. on
6. A. got B. went C. reached D. arrived

Read the following conversation and do as direct.

Perhaps you think that eating insects sounds disgusting? They are very popular source of food and play an important part of the diets of many cultures around the world, from Asia to the Amazon. Most insects are edible, but you should avoid any that have very brightly colored markings. Insects are also mostly edible raw, but there's a risk. So cook your bugs if you can. You'll find some ideas for how to handle insects safely in the jungle. The best place to find insects during the day is in cool and shady places.

- Ants: Make sure to cook them first to destroy a toxin.
- Beetles: A great source of protein. Remove the head and wings, then wash them well in fresh water before boiling or frying.
- Earthworms: Full of protein and very abundant wherever the soil is rich and moist. Drop them into clean water for 10 minutes, causing the worm to clean themselves out of all dirt. Cook earthworms before you eat them.

True/False Questions:

1. It is safe to eat insects with very brightly colored markings.
2. Eating insects is a common practice in many cultures worldwide.
3. Insects are safe to eat raw, so there's no need to cook them.
4. People should boil earthworms for 10 minutes before eating them.
5. Choose the correct answer: What is the best place to find insects in the jungle?
 - A. In hot and sunny places.
 - B. In rich soil.
 - C. Near clean water sources.
 - D. In cool and shady places.
6. Why should people cook ants before eating?
 - A. They taste better.
 - B. To make them easier for people to eat.
 - C. To destroy a toxin.
 - D. To make them more nutritious

Getting lost in the jungle can be a scary experience, but it's possible to survive until help arrives. I remember one time when I got lost while hiking in a thick jungle. At first, I panicked and started running around to find my way back. However, I remembered that I had to stay calm and wait for rescue. I looked for a safe spot to rest and took stock of my resources. I had some water and a few snacks with me. Because they would last for only a short time, I tried to find a source of water and food. I looked for natural signs, such as animal tracks and followed a stream. To

keep myself safe, I made sure to build a shelter using available materials and started a fire to keep warm and signal for help. I also used my whistle to call out for help and created an SOS sign on the ground using rocks and branches. Finally, a group of travelers came and helped me. Remembering these simple steps can make a difference between life and death in such a scary situation.

True/False Questions:

1. The author thought that being lost in the jungle was an enjoyable experience.
2. He looked for natural signs to find water and food in the jungle.
3. He was rescued before he started a fire.
4. He used a whistle to call out for help.
5. Choose the correct answer: Why did the author build a shelter?
 - A. To keep himself comfortable
 - B. To cook his snacks and boil water
 - C. To attract wild animals
 - D. To keep himself warm and signal for help
6. How did the author first feel when he got lost?
 - A. Calm
 - B. Panicked
 - C. Excited
 - D. Unbelievable

Jennifer Lawrence is an American actress. Born in Kentucky in 1990, Lawrence began her acting career at a young age, appearing in numerous television shows and small films before landing her breakthrough role in the independent film "Winter's Bone" in 2010. Since then, Lawrence has starred in several hugely popular films, including the "Hunger Games" in 2012, "Silver Linings Playbook" in 2012 and "American Hustle" in 2013.

She has won multiple awards for her performances, including an Academy Award for Best Actress for "Silver Linings Playbook". In addition to her acting career, Lawrence is very outspoken in social and political issues, particularly gender equality and the wage gap between men and women in Hollywood. She supports equal pay for female actors and is praised for her activism. She has become one of Hollywood's most famous stars.

True/False Questions:

1. Jennifer Lawrence was born in California.
2. She started her career as an actor when she was a child.
3. She has only appeared in small independent films.
4. She won an Academy Award for her role in "Silver Linings Playbook."

5. When was she born?
 - A. 1990
 - B. 2010
 - C. 2012
 - D. 2013
6. What does she support for female actors in Hollywood?
 - A. More famous movies
 - B. More awards
 - C. Appearance in popular television shows
 - D. Equal pay

Eating a balanced diet is a key part for athletes when they try to win medals. Athletes should consume a variety of foods that include carbohydrates, proteins, healthy fats, vitamins, minerals, and water. Carbohydrates are a primary source of fuel for the body, while proteins help build muscles. Healthy fats support cell growth, and vitamins and minerals maintain health and prevent deficiency-related problems. Water helps regulate body temperature and transport nutrients.

Depending on the sport, athletes may need different types of diets. For example, endurance athletes such as long-distance runners or cyclists need to consume more carbohydrates while strength athletes such as weightlifters may require more protein to build muscle mass. Timing is also important. Pre-competition meals should be eaten several hours ahead of time, while postcompetition meals should focus on replenishing nutrients lost during intense exercise.

True/False Questions:

1. Eating a balanced diet is not important for athletes.
2. Endurance athletes require more protein than strength athletes.
3. Timing of meals does not play a role in the athletes' performance.
4. Water helps control body temperature and transport nutrients.
5. Choose the correct answer: Which nutrient helps build and repair muscles?
 - A. Carbohydrates
 - B. Fats
 - C. Proteins
 - D. Minerals
6. When should athletes eat pre-competition meals?
 - A. Whenever they would like
 - B. During competition
 - C. Immediately after competition
 - D. Several hours ahead of time

REARRANGE SENTENCES

1. both ways!/ cross/ without/ Don't/ the street/ looking
2. will/ your team/ What/ wins?/ you/ if/ do
3. our city/ you/ until Christmas / If / will find/ decide to stay/ very exciting./ ,you
4. You/ before/ in the jungle./ check/ hiking/ your backpack/ should always
5. in history./ writers/ became/ the most/ detective/ popular/ Conan Doyle/ one of
6. could/ three./ He/ when/ was/ read/ he
7. the/ to save/ is/ way/ money?/ best/ What
8. he/ long hours./ was/ work/ younger,/ When/ could/ Henry/ very

WORD FORM

1. Pollution threatens the _____ of many plants and animals. (survive)
2. Alex is taking part in a national dancing _____. (compete)
3. Miley is very _____ and always wants to control everything we do. (boss)
4. 'Survivor' is the most famous _____ reality TV show. (compete)
5. At school, students may have _____ experiences such as peer pressure and academic pressure. (challenge)

6. We don't want to work with her. She is quite _____ , always telling others what to do. (boss)
7. Lê Bá Khánh Trình, the champion at the IMO in 1979, is one of the greatest _____ in Vietnam. (mathematics)
8. Winning his first world cup trophy is a great _____ for Leo Messi. (achieve)
9. We are gathering the _____ information for our presentation on Stephen Hawking. (biography)
10. Do you know who really _____ the light bulb? (inventor)
11. Charlie Puth is a famous _____. (music)
12. Some free _____ tools such as Google Translate and Bing Translator are sometimes useful when you travel abroad. (translate)